

WEEK-END MEALS—WOMAN'S EXCHANGE—CYNTHIA'S ADVICE—STARTING THINGS IN TIME

MRS. WILSON PLANS COOKING FOR SUNDAY

Day After Christmas Is Difficult Time to Think About Such Things, but These Suggestions Help

Gingerbread With Apricot Sauce Makes a Delicious Dessert for Midday Dinner

By MRS. M. A. WILSON

THE day after Christmas seems a very inopportune time to plan the Sunday meal, yet it must be done. The housewife will find that she will require very little marketing to carry out the Sunday menu. So, for this reason, we will plan to have simple homely fare for the feast.

- A SUGGESTIVE MENU Breakfast Sliced Oranges Cereal and Cream Honey Waffles Coffee Dinner Irish Stew in Border of Rice Spinach Cabbage Salad Apricot Gingerbread Coffee Supper Marcaroni Au Gratin Cheese Sandwiches Cabbage Salad Apricot Gingerbread with Apricot Sauce

Wash one stalk of celery and chop very fine. Trim the root and then cut into thin slices. Place in a saucepan and add: Five cups of cold water. One teaspoon of soap herbs. One onion, minced fine. Cook slowly until the celery is very soft and then rub through a coarse sieve. Return to the saucepan; now place in a bowl: One cup of evaporated milk. One-half cup of sifted flour. One and one-half teaspoons of salt. One-half teaspoon of white pepper. One-half teaspoon of thyme. Stir thoroughly to dissolve the flour. Add to the celery puree and bring to a boil. Cook for five minutes and then serve with finely chopped parsley.

Who Wants a Kitten? Dear Madam—Will you please tell me how I can cleanse and close the open pores of my face? Also how can the growth of hair be prevented? A DAILY READER. You can clean your skin by steaming it with hot cloths, and then applying cold cream. Do this about once a week until your skin is clean and clear. Every night wash your face with soap, following the directions carefully, and try the ice treatment to close and refine the pores. This consists of rubbing ice over the face to contract the pores. It is natural for some skins to have a small growth of down or soft hair. There are depilatory powders advertised that claim to remove this. Too frequent use of cold cream sometimes causes it, and will sometimes encourage the growth if it is not used moderately. A moderate use of it should not cause the hair to grow.

Activities for a Club Dear Madam—Will you kindly give me some suggestions for a girls' club? Ages are from fourteen to eighteen years. This club has been formed this fall but during our meeting we do not know what to do. We have for an adviser a college student. Therefore, will you please give me suggestions so she will be able to enjoy them? Also give me some ideas about games that we can play in our club. E. D. J. I am sending you some games. Why don't you read some good interesting books and make a study of them during your meetings? You could read Robert Louis Stevenson, or Dickens, George Elliot, or Jane Austen. You might read one of Jane Austen's long novels, one that is printed in several volumes, and at the end of the year have an entertainment like one of the affairs in the book, making costumes like those that the characters in the book wore. This would make your reading and study more interesting and alive to you.

Training as Mother's Helper Dear Madam—A young woman wishing to train in a position as "mother's helper" would like to know where she can take a course that will prepare her for this work. A. B. K. Training is not usually necessary for this kind of position, unless you mean to be a regular nurse. In that case, you would need hospital training. If you have had experience in taking care of children, and know something about housework, that is all the training you need. I have never heard of any place where such training is given.

The Question Corner Today's Inquiries 1. How can a long-handled dustless mop be made at home? 2. Describe a simple style of skirt for a velvet evening gown. 3. What kind of rod is convenient for clothes hangers? 4. How should fringe be prepared for dyeing? 5. What can be done with paraffin removed from the tops of jelly glasses? 6. Is it correct for a bride who is married in her traveling costume to carry flowers? Wednesday's Answers 1. A pretty centerpiece for the Christmas table is a small Christmas tree decorated with pink and white papers rolled up to look like roses. Each rose bears a written description of a place where a gift is hidden. Each guest should pull one off at the end of the dinner. 2. A complete writing case easy to carry in traveling is a folding one of leather, with a wide pocket for paper and envelopes on one side and a blotter on the other. On the outside of the pocket are holders for memorandum book, pencil and pen, and in the center a small calendar. 3. A cheap brown picture frame can be painted yellow and then glazed to look like an expensive frame. 4. Fur is used to form the collar and edge of the pockets of an unusual looking negligee. 5. The "prince of Wales" fan is made of three feathers arranged in the shape of the prince's crest. 6. A pretty hat that is comfortable for motoring in cold weather is of beaver, with flaring points on the sides that pull down and fasten over the ears when needed.

Ask Mrs. Wilson

If you have any cooking problems, bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, Evening Public Ledger, Philadelphia.

One-half cup of eggless mayonnaise. One onion, grated. Two green peppers, chopped very fine. One teaspoon of salt. One teaspoon of paprika. One teaspoon of Worcestershire sauce. Mix well and then butter very thin slices of rye bread with the mustard. Spread with the cheese mixture and cover with a second slice of bread. Cut into triangles or, as a little Pennsylvania Dutch girl calls it, cut the break apart.

Apricot Gingerbread With Apricot Sauce

Add to the juice left from the cooked apricots sufficient water to measure one and one-half cups. Place in a saucepan and add: One cup of syrup. Four tablespoons of cornstarch. Juice of one lemon. Stir to blend thoroughly and then bring to a boil and cook slowly for five minutes. Cut into squares and pour the sauce over it. Garnish with a tablespoon of marshmallow whip.

The market basket will require: Three oranges. One bottle of honey. One can of molasses. One stalk of celery. One and one-half pounds of breast of lamb. Six turnips. One carrot. One quart of onions. One-half pound of natural rice. One-half pound of cabbage. One-half pound of macaroni. One cup of cottage cheese. Two green peppers. Lemon. One package marshmallow whip.

The Woman's Exchange

Some Beauty Questions Dear Madam—Will you please tell me how I can cleanse and close the open pores of my face? Also how can the growth of hair be prevented? A DAILY READER. You can clean your skin by steaming it with hot cloths, and then applying cold cream. Do this about once a week until your skin is clean and clear. Every night wash your face with soap, following the directions carefully, and try the ice treatment to close and refine the pores. This consists of rubbing ice over the face to contract the pores. It is natural for some skins to have a small growth of down or soft hair. There are depilatory powders advertised that claim to remove this. Too frequent use of cold cream sometimes causes it, and will sometimes encourage the growth if it is not used moderately. A moderate use of it should not cause the hair to grow.

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Furs Reduced All This Season's Models in Coats and Sets at Cost John J. Kehoe Estate 1325 N. Fifteenth Street

Please Tell Me What to Do

By CYNTHIA

Cynthia wishes to remind her readers that letters should be short and signed with the full name. The name will not be printed with the letter.

She Is Very Happy

Dear Cynthia—I read your article with interest and I am not bringing you any very personal problem to solve, but I would like to have this question, which rises in my mind frequently, answered. What is the matter with the girls and boys that they trust each other so little? I had as much freedom during my girlhood as any one would wish, my friends were welcomed always. I was free to come and go as I wished, provided I was not out late at night and unaccompanied. All the boys I knew (and I knew lots), were good pals, fine, clean, healthy fellows. A few of them were sentimental at times, but they never went too far. I had many girl friends and I can honestly say that I had more good times than most girls have. I trusted all my friends and no one ever betrayed my trust.

At seventeen I became engaged. I had never kissed any man before my fiance and I am glad and proud that I could give him the best that was in me. We were separated during the war, as he was an officer in the United States navy, but I had his ring on my finger and his letters in my pocket and a year later we were married. I don't understand how husbands or wives can treat each other as they admit to you that they do. My husband has never said an unkind word to me in the seven months of our married life. He never wants to leave me even for an hour. We haven't much money, not a cent saved up; we are entirely dependent on his job, but we love each other and are content in that and we have lots of good times.

We read and go to the movies or the theatre and we take long walks, as we live in the suburbs with my mother, but some day we are going to have a little home of our own and we look forward to that. In closing let me say that I have been very, very happy all my life. I have had money and clothes, been educated in the most fashionable schools, belonged to the Saturday Evening Dancing Class; in fact, I have had all the pleasures of an only and spoiled child, but I find that true love and companionship and simple pleasures make up for all the rest. Isn't there some one else who feels this way—some one young like me? I'm just eighteen, I should like to know. G. L. A fine letter, my dear, and I am so glad you are so happy in your married life. I don't really have the right idea and I hope your letter will encourage others to be content with little, just so love, kindness and forbearance exist. I am afraid the lack of trust between boys and girls comes from the loose tongues that wag so fast these days and the loose idea of confidence—too much telling the other what he said or she said.

The Major Once More

Dear Cynthia—How are you? I hope in the rosiest of health. You don't know me as yet, but I assure you we are very well acquainted and ever. I really hope you have not written any more interesting articles about me, as I am here in the Rubber City and cannot get the EVENING PUBLIC LEDGER very often. You see, I took your advice. I rolled up my sleeves, came out West with a toothbrush and high hopes, landed a nice job (position) and am making \$35 a week fishing tires. I'm glad I've forgotten poetry and the like for a while. I want to study people as they are—not from books and professors' mouths. I think it's a great game, bucking the world, smashing out for a living. You get lonesome and blue at times, get a few bumps, but it does one good, I'm sure. I find the world the biggest little schoolroom imaginable! I am only nineteen, you know. Lots of time for literary works, eh? I'm six feet and weigh 185, was over at Belleau Woods and Argonne with the marines. I don't think the world can treat me as bad as those busy Berthas and Jack Johnsons. B-r-r! I hate to think of that. Those silent, mute white crosses. The mind seeks to dwell on what rests beneath those white things. So I can forget out here—too busy to remember. I never saw so many fivers. They are so tame they come and eat out of your hand. And they behave nicely, too. They don't, like some Philly cars, try to catch their own tails or climb trees or try to get into the cellar window. However, I don't care an awful lot for the girls here. I think our "Quaker maids" beat them all. French Japs included. (Sh! If you can get a few nice, lovely girls to correspond with me, I'd appreciate it enormously. No mushy stuff, but straight, interesting letters.) I suppose I am a bit romantic, for I'd rather write to one I do not know than to one I do. More fascinating. Do you know who I am now? I hope you do. I have my new page set me the EVENING PUBLIC LEDGER at times, and I just eat it up alive. That pants, but I'll conclude with saying that I intend making good in the business world before I try that of the writing. There are so many varied types, characters, personalities. Oh, you can just study and place each in certain categories! A great life! Well, I say so long. Wish you continued success and sign with my former name. ROMANCE. Good luck to you! Keep it up!

Three Novelty Blouses A Daily Fashion Talk by Florence Rose



Chiffon over embroidery makes the waist at the left. The center one is a charming affair of soft satin braided, and the third is a kimono model in flesh-colored georgette crepe. All three are suitable for wear with a suit for dressy occasions

A GREAT deal has been said about the possible substitution of lingerie blouses for blouses of georgette and chiffon and other silk fabrics. But the fact is that women will not willingly adopt the lingerie blouse for the suit blouse. They will buy the lingerie blouses and they will find them very charming, but for the blouse to be worn under the jacket it is of blouse that muses and shows the soil overreadily cannot possibly supersede the georgette, chiffon or soft satin blouse that holds its own against creases and shows soft even in light colors so much less quickly than the blouse of mull, lawn and lace and embroidery. I am showing you three blouses today, any one of which would be a good selection to wear with a suit. The one in the center is of soft satin, which should be selected to match the suit as nearly as possible, and the trimming consists of a design worked in narrow braid to match. The one at the left is of chiffon over embroidery. The effect is partly that of a lingerie blouse, for there is the embroidery peeping through the chiffon. The cuffs are very interesting, large and deep, having the tendency that cuffs of that sort always do, of making the hands and wrists appear very dainty. The blouse at the right is of the type that has won great popularity in France—short-sleeved, simple and baggy. It is of flesh-colored georgette or soft georgette to match the suit and the sole trimming consists of tucks of the georgette. Though no one ever saw a georgette blouse as a part of the native dress of the Japanese in the effect of this little blouse with its amusing little sash and its surprise sleeves and kimono closing. Now let me suggest something to remember when you go to select a blouse to wear with your suit. If the suit has tight-fitting sleeves—that is, if the arm holes are of the conventional tailored variety—don't select a kimono sleeve of the type that hangs down far under the arm. If you do the blouse will show ugly creases beneath the arm. Rather select the sort of blouse that you see in the center—one with conventional fitted sleeves and armholes. However, if your suit jacket has ample armholes, there is no reason why you need avoid the kimono sleeve that remains as much in vogue as ever.

Keep the little one free from skin trouble At the first sign of skin irritation—burning rash—apply a little Resinol Ointment to the affected part, which first has been cleansed with Resinol Soap. Do not neglect baby's skin, because it is easily irritated, and if neglected, obstinate trouble may persist in later life. Resinol Ointment is safe and harmless—it was originated by a doctor, and has been used by doctors for many years. At all druggists.

Advertisement for Miss PRINCINE Pure Phosphate Baking Powder. Includes image of a tin and a woman's face. Text: YOU CAN RIVAL Miss PRINCINE Pure Phosphate Baking Powder. It is the greatest baking discovery in 50 years because it rises in the oven and bakes as it rises. It is the new-fashioned baking powder that makes success easy. 1 lb., net weight, 35c. At Your Grocer's weight, 25c.

Advertisement for Buehler Bros CUT RATE MARKETS. 931 CHESTNUT STREET. We Will Set the Town Talking With These Specials Tomorrow Little Pork Loin Roast, 28c lb. Legs of Yearling LAMB ROAST 20c LB. Fancy Chuck LAMB ROAST 16c LB. Breast of Yearling LAMB 7c LB. Shoulders Yearling LAMB 12c LB. Open Saturday Until 9 P. M.

THE DAY AFTER CHRISTMAS IS SUCH A RESTFUL TIME

After All the Rushing and Hurrying of the Last Few Weeks We Decide to Change Our Tactics Next Year

THE day after Christmas! What a comfortable, peaceful day it is. No rush of shopping, no wondering how in the world things will ever get finished, no vague, frantic, hopeless efforts to finish them. Everything's done, the day is over, and wasn't it a success? That dinner was so good, the decorations were so lovely, and all the gifts were so appreciated. But, oh, Christmas Eve! Wasn't it terrific, with presents unwrapped, one or two unfinished, tree waiting patiently to be trimmed, a few cards still unstamped and unsealed! And how silly, how unnecessary it was, all that rush at the last minute. Do you ever get back over those desperate times, after they're all over? "If I had managed that right, or started soon enough," do you think to yourself, "I wouldn't have had to hurry like that at the finish? If we would only stop to think things out, see what a mess they are going to be, before we start them, we would surely go at them more systematically. But we don't! Christmas is not the only event that is rushed at in this tempestuous way. We sometimes go at our housekeeping in the same way. "Oh, I must make the beds," we exclaim, starting upstairs. We pass the sewing room on

blame somebody or something. We never have any luck in this blaming contest. The fault is all ours. On the day after Christmas we say firmly, "Next year I'm going to start in August to plan for Christmas, and then take it quietly all through the fall, so that I can really enjoy the day when it comes." If we get into training by starting to plan far enough ahead for everything we do, all through the year, the habit may become so strong that by next fall we'll know how to go at Christmas calmly.

Y. W. C. A. Abroad

There is a Y. W. C. A. in Jerusalem under the direction of an American woman, though the work is administered under the world's committee of the Y. W. C. A., which has headquarters in London. During the war a fund called the "Syrian and Palestine Relief Fund" made possible work in this remote region. Later on the activity was taken under the American Red Cross and administered as a part of their worldwide relief during the war. Very lately the Red Cross withdrew from Jerusalem and the Y. W. C. A. was urged to carry on the work. Miss Grace O. Straug, of Pasadena, Calif., a Red Cross worker, was released to carry on this Y. W. C. A. work.

MARY A. WILSON School of Cooking 241 South 23d St. U. S. Naval Commissioners School Late Domestic Science Exam, School Instructor University of Virginia Phone Surcou 753 Registration now open; classes start January 5, 1920.

Large advertisement for Newark Shoes. Features a large image of a shoe and text: Newark Shoes for Women Begins Tomorrow Morning Smashing Reductions \$10 & \$12 Values AT \$5.98 Your Chance for BIG SAVINGS! NEVER have we had a sale in which we have made such sweeping reductions. It will begin tomorrow morning with a perfect avalanche of bargains. Remember, they are not a job lot, but our regular Newark stock, greatly reduced in price to clear our shelves at once for Spring arrivals. Compare these smart, perfectly made NEWARK Shoes for Women with any \$10-\$12 shoes you've seen anywhere, and you will say that these at \$5.98 in this sale are every bit as desirable. Come early, for this is our only sale of the season and it never fails to pack our store with eager buyers. It begins tomorrow morning at 9:00. Don't miss it! \$7 Patent Leather Dancing Pumps in This Sale at \$4.95 Newark Shoe Stores Co. LARGEST RETAILERS OF SHOES IN THE WORLD. 297 STORES IN 97 CITIES. 1224 Market St., between 12th and 15th. 4044 Lancaster Ave., near 41st. 2442 Kensington Ave., between York & Cumberland. 2812 Kensington Ave., near York Lane. 127 N. 8th St., near Cherry. 101 N. 8th St., near Chestnut. 104 N. 8th St., near Chestnut. 2326 N. Front St., near Dauphin. 1802 Germantown Ave., near Chestnut. 1431 South St., between Broad and 15th. 424 Market St., between Race and Vine. 424 Market St., between 4th and 5th. 4325 Frankford Ave., near Orthodox. 101 N. 8th St., near Chestnut. Main St., Manayunk. 200 N. 8th St., near Chestnut. Other Nearby Stores: Camden, Wilmington, Deloit, Chester.